

The figure displays six 4x4 grids, each representing a week's worth of data. The grids are arranged in two rows of three. Each grid has a date at the bottom: 12 Dec, 19 Dec, 26 Dec, 2 Jan, 9 Jan, and 16 Jan. The grids show the progression of numbers 1-40 across four weeks. Numbers are placed in cells, with some cells containing a blue diagonal line indicating a 'win' or 'loss' status. The grids show the progression of numbers 1-40 across four weeks.